

Mt. Washington Taekwondo
COVID-19 Waiver Update

This waiver is to be completed with the normal health and liability waiver. These documents are to be used hand-in-hand and one does not override the other.

As a student, I understand the health concerns surrounding the Covid-19 Pandemic. I understand the instructors will be implementing new protocols and procedures.

I understand that there will be some changes in how techniques are taught and that the instructors will do everything possible to ensure I have the ability to learn. I understand I will not be able to do self-defense and one-steps with those outside of my family unit. I also understand that sparring and grappling are suspended until such a time as the pandemic is no longer in effect.

I will do my part in making sure myself and those around me are safe, including remaining in my designated section so as to give at least 6 feet of space between myself and others.

I will not show up to class if I or someone in my family is showing symptoms, has been instructed to self-quarantine, or is waiting for a COVID test result.

I will wear a mask when required without complaining to the instructors.

I will follow all rules, guidelines, and procedures set forth by the CRC.

I take responsibility for my actions. I know my instructors are doing everything possible to keep me safe but understand there is still some risk of exposure to COVID-19 and other illnesses. I will not hold my instructors responsible if I am exposed to or contract COVID-19 during Taekwondo.

Signature of Parent or Legal Guardian

Date

Signature of Student

Date